

Mount Calvary Baptist Church

October 2014



SUNDAY SCHOOL

FULFILLMENT HOUR

Rev. Elmore Garner, Pastor

A Monthly Newsletter

In The SPOTLIGHT

TEEN



Sunday School Class

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Discipleship: the pathway to strengthening our relationship with Christ and the Church (Luke 9:22-23; 14:25-35; Ephesians 4:1).

Last month we explored the kinds of learning that cultivates Christian believing. This month we will talk about Christian Witnessing. Matthew 28:19-20 tells us, “Go ye therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost: teaching them to observe all things whatsoever I have commanded you: and, lo, I am with you always, even unto the end of the world. Amen.

Christian witnessing is required of us to share our faith with others. This can be through two primary means: direct intervention and indirect intervention (example).

Direct intervention is an action taken by one person trying to influence another. Teachers, preachers, and evangelists are prime examples of persons who often seek by direct means to influence the lives of others through lectures, sermons, or testimonies. Their response to direct interventions varies depending on one’s interest, openness, need, and degree of trust/suspicion.

Influencing others by example is an indirect way to elicit change and growth. Although their actions may be intentional they represent more an expression of the beliefs one holds and are not necessarily directed toward others. The parable of the Pharisee and of the tax collector praying is a good illustration.

Luke 18:9-14 (NLT) – “Then Jesus told this story to some who had great confidence in their own righteousness and scorned everyone else: “Two men went to the Temple to pray. One was a Pharisee, and the other was a despised tax collector. The Pharisee stood by himself and prayed this prayer: ‘I thank you, God, that I am not a sinner like everyone else. For I don’t cheat, I don’t sin, and I don’t commit adultery. I’m certainly not like that tax collector! I fast twice a week, and I give you a tenth of my income.’ “But the tax collector stood at a distance and dared not even lift his eyes to heaven as he prayed. Instead, he beat his chest in sorrow, saying, ‘O God, be merciful to me, for I am a sinner.’ I tell you, this sinner, not the Pharisee, returned home justified before God. For those who exalt themselves will be humbled, and those who humble themselves will be exalted.”

Both men chose to pray, but one did it to impress and the other did it to confess. Mr. Bruce P. Powers says that indirect influence by example, or by modeling, is possible because the human mind always seeks out discrepancies. That is, whenever there is a difference between what I know and what I would like to know, how I feel, and how I would like to feel or what I can do and what I would like to do, I recognize a need.

This is a crucial issue for teachers, church leaders, parents, and others who have responsibility for helping persons in their spiritual development. No matter how well you present your lesson, if you fail to address the question marks coming from the back row, your lesson will fail to make it to their hearts, which is the objective.

FULFILLMENT HOUR FALL WORKSHOP

October 18th, the Fulfillment Hour will host its Fall Workshop. Rev. Carl White, Pastor of Mt. Moriah B.C., will again be our guest speaker and present part two of “Teaching them to Obey.” This workshop will focus on the seven ingredients that make Bible lesson more transformational than informational.

1. **The Sticky Proverb** – help listeners live godly lives by presenting practical, memorable, and life-principles.
2. **Avoid Ramblimation** – transform lives with lessons focused on and centered around the sticky proverb.

3. **The Connection** – instantly grabs and holds attention by connecting listeners to the lesson’s application and relevance.
4. **The Visual Anchor** – create a lesson listeners will remember for five or ten years...maybe a lifetime.
5. **Here’s-How Teaching** – teach lessons listeners can apply.
6. **Remove Roadblocks** – lead listeners around the obstacles that hinder their growth.
7. **The Conclusion Challenge** – encourage life-change by concluding with a clear, specific, doable challenge.

If you missed “Teaching them to Obey” Part I, our Spring workshop, I would encourage you to mark your calendars for this one.

MEET OUR NEW CHILD REPORTER



ALLONAH ASHWORTH

Allonah Ashworth is the second African-American female selected as a reporter for the KGES news team at Gillis Elementary School.

The KGES news club was started over 5 years ago with students who were entering the 5th grade. The purpose of the news team is to deliver school news/announcements. The students and staff in the classroom and offices view the news as they are reporting it live. There were over 60 applicants for the 2014-2015 news team and only 10 students were chosen. They were interviewed by teachers for their ability to speak well and clear yet also enthusiastically.

Her duties include arriving at school between 7:20-7:30 sometimes as early as 7:05 to prepare slides, or rehearse her script to report the school news for the day. The news team is lead by

Mrs. Christy Fontenot one of the 5th grade teachers at Gillis. By the end of the school year, Allonah will have experience working the camera, lights, organizing the guest classes that say the pledge, and her favorite part on-air live reporting.

Allonah is not only one of the lead reporters for the KGES news team, she is also soloist in the Gillis Chorus, a member of the Beta Club, 4-H, GES CROSSFIT, and Kids for Christ. She is also the daughter of Gil and Emily Ashworth and a honor student who finished the 2013-2014 school year with a 3.75 GPA. Her goal is to become lead anchor for the Today Show.



Discipleship Class #5



**COMING
SOON**

ARTICLES OF FAITH "Dare To Know"

- ◆ The authoritative truth in righteousness
- ◆ God's position in the world
- ◆ The meaning of the love of Christ
- ◆ What you believe in
- ◆ How they apply to the Christian's life

The Articles of Faith are the statements of our foundational faith and belief in God. It is rooted and grounded in the word of God and is a declaration of essentials by which we stand and are saved. They set forth the essential truths which guide every area of our beliefs and practice.

One of the earliest Articles of Faith was set forth in Deuteronomy 6:4-7. "Hear, O Israel: The Lord our God, the Lord is one. You shall love the Lord your God with all your heart and with all your soul and with all your might. And these words that I command you today shall be on your heart. You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise." This is known to the Jews as the "*shema*," and is the foundation of all the commandments of God.

What does this have to do with me? I am glad you asked. Join us as we share the Articles of Faith with the members of the church. Our purpose is to enhance our role as church members with the knowledge and understanding of God's position in the world, the meaning of the love of Christ, what we believe, how to obtain a foundation and the need for a life-long learning process as believers in Christ. Stay tuned for sign up times for this next learning opportunity.

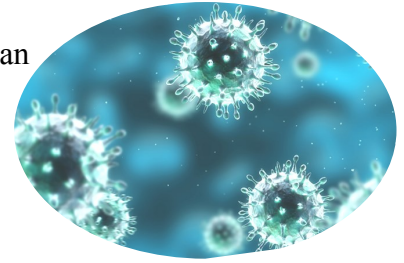
Submitted by Sis. Barbara Hardy



WHAT'S HAPPENING WITH YOUR HEALTH

Let's Talk Flu: What is the flu?

Influenza (flu) is a contagious respiratory illness caused by influenza viruses. It can cause mild to severe illness. Serious outcomes of flu infection can result in hospitalization or death. Flu activity is widespread in most of the country. High flu activity is likely to continue for several weeks. If you have not gotten your flu vaccine yet this season, you should get one now. And remember that flu antiviral drugs are a second line of defense to treat flu illness.



What are symptoms of the flu?

People who have the flu often feel some or all of these signs and symptoms:

- Some people may have vomiting and diarrhea, though this is more common in children than adults.
- Fever* or feeling feverish/chills
- Sore throat
- Muscle or body aches
- Fatigue (very tired)
- Cough
- Runny or stuffy nose
- Headaches

*It's important to note that not everyone with flu will have a fever.

*Complications of flu can include bacterial pneumonia, ear infections, sinus infections, dehydration, and worsening of chronic medical conditions, such as congestive heart failure, asthma, or diabetes.



What people are at high risk for flu?

Most people who get the flu will have mild illness, will not need medical care or antiviral drugs, and will recover in less than two weeks. Some people, however, are more likely to get flu complications that result in being hospitalized

and occasionally result in death. The list below includes the groups of people more likely to get flu-related complications if they get sick from influenza.

- Children younger than 5, but especially children younger than 2 years old
- Adults 65 years of age and older
- Also, American Indians and Alaskan Natives
- Pregnant women

People who have medical conditions including:

- Asthma
- Chronic lung
- Blood disorders (such as sickle cell disease)
- Kidney disorders
- People who are morbidly obese (Body Mass Index, or BMI, of 40 or greater)
- Liver disorders
- Neurological and neurodevelopmental
- Heart disease
- Endocrine disorders (such as diabetes mellitus)
- People younger than 19 years of age who are receiving long-term aspirin therapy
- Weakened immune system due to disease or medication

How is the flu spread?



Most experts believe that flu viruses spread mainly by droplets made when people with flu cough, sneeze or talk. These droplets can land in the mouths or noses of people who are nearby. Less often, a person might also get flu by touching a surface or object that has flu virus on it and then touching their own mouth, eyes or possibly their nose.



WHAT'S HAPPENING WITH YOUR HEALTH CONTINUED

When are you contagious?

You may be able to pass on the flu to someone else before you know you are sick, as well as while you are sick. Most healthy adults may be able to infect others beginning 1 day before symptoms develop and up to 5 to 7 days after becoming sick. Some people, especially young children and people with weakened immune systems, might be able to infect others for an even longer time.

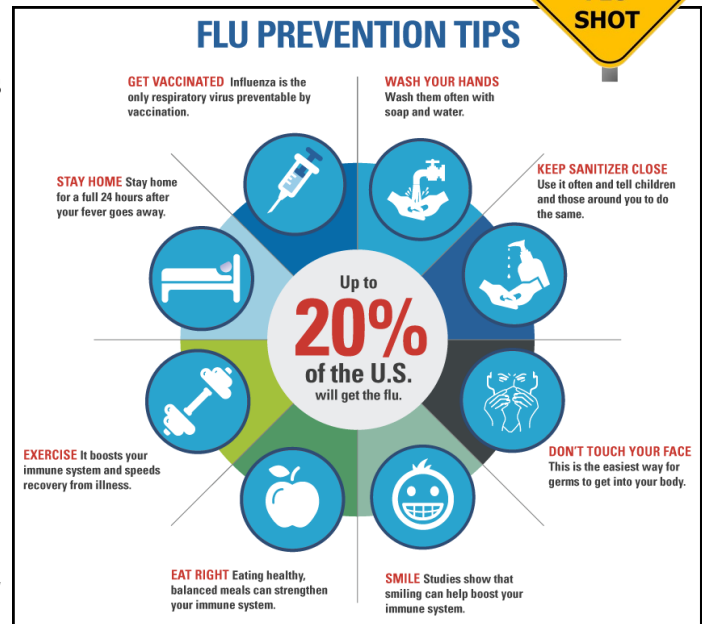
How do I prevent seasonal flu?

The single best way to prevent the flu is to get a flu vaccine each season.

Yearly flu vaccination should begin soon after flu vaccine is available, and ideally by October. However, getting vaccinated even later can be protective, as long as flu viruses are circulating. While seasonal influenza outbreaks can happen as early as October, most of the time influenza activity peaks in January or later. Since it takes about two weeks after vaccination for antibodies to develop in the body that protect against influenza virus infection, it is best that people get vaccinated so they are protected before influenza begins spreading in their community. Always talk with your primary care physician about the best way you can protect yourself from the flu.

*You can find more information related to the flu at <http://www.cdc.gov/flu/about/disease/index.htm>

Submitted by Sister Shawntell Willis



COMMUNITY NEWS

New Handheld Cell Phone Law House Bill 270



As of August 1, 2014, using handheld cellular devices in an active school zone or during posted hours is against the law. This includes engaging in any phone call; writing, sending or reading a text message; and accessing, reading or posting to a social networking site. All hands-

free devices are allowed. There are also a few other exceptions to the new law.

Using a handheld device is allowed if you are reporting a traffic collision, medical emergency or serious road hazard; reporting a situation in which you feel in danger; reporting a potential crime

against another person; your vehicle is parked; and if you are using the device in an official capacity as an operator of an authorized emergency vehicle.

Violators of the new law will face a moving violation. First time offenders can receive a **fine of up to \$175**. Repeat offenders can face **fines of up to \$500**.

This message is brought to you courtesy of District Attorney John DeRosier and the Calcasieu Parish District Attorney's Office.



The Sunday School Fulfillment Hour Newsletter is a monthly newsletter. Submissions are due by the third Sunday of each month.

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