



SUNDAY SCHOOL FULFILLMENT HOUR

Rev. Elmore Garner, Pastor

A Monthly Newsletter

Mount Calvary Baptist Church Presents Their Annual **GOD FIRST BROTHERHOOD** *Revival!* **NOVEMBER 6 - 8, 2018**



6:30PM SEMINAR

PASTOR MICHAEL OTKINS
SHERMAN MBC, MAGNOLIA, MS

**"STUDYING THE SCRIPTURES FOR
PERSONAL GROWTH"**



7:30PM REVIVAL

PASTOR F. BERNARD MITCHELL
ZION HILL BAPTIST CHURCH,
MENDENHALL, MS



#GodFirst

LOVING *God & People* LOVING
1 JOHN 4:19 - 21

EXCELLENCE • EFFECTIVE • EFFICIENT
IN MINISTRY IN MINISTRY IN MINISTRY

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November's Fulfillment Hour Lessons

Unit 3: God Blesses and Creates Regardless

These four lessons will explore how God blessed humble Isaac in enemy territory, and consider how Jacob deceitfully obtained the blessing God had already destined for him, later established a right relationship with God, and finally was blessed by God to marry and produce children with the wife he loved and for whom he long labored.

November 4 – “A Troubled Birth” (*Genesis 25:19-34*)

⇒ **Central Truth:** Genesis 25:23 (MSG) – “GOD told her, two nations are in your womb, two peoples butting heads while still in your body. One people will overpower the other, and the older will serve the younger.”

◇ God's blessing was showered upon the family. The Lord spoke to Rebekah and told her two marvelous things:

- 1) God was choosing the family to give rise to two nations of people. Rebekah was being blessed with twins, not just one child, but two. And each child was to be the ancestor of a great nation of people.
- 2) God was choosing the younger son over the older. Note that the children were not yet born, but God was ordaining the younger son and nation to be stronger than the older son, choosing the younger over the older. This definitely means that God was choosing the younger son to inherit the promises made to Abraham, both the Promised Land and the promised seed, the promised line of the Savior.

November 11 – “Jacob Receives Isaac's Blessing” (*Genesis 27:5-10, 18-19, 21-29*)

⇒ **Central Truth:** Genesis 27:23 (NLT) – “But he did not recognize Jacob, because Jacob's hands felt hairy just like Esau's. So Isaac prepared to bless Jacob.”

◇ Jacob pretended to be Esau. But note: Isaac was not quite sure that it was Esau. The voice sounded more like Jacob. He asked the man to come near so he could touch him and make sure that it was Esau. When Isaac felt the hair on Jacob's hands and neck, he then assumed it was Esau.

◇ Jacob laid claim to God's will and blessing before God's time. Isaac, fully convinced that the voice before him was Esau, blessed Jacob. The point is this: it was not God's time for Jacob to receive the blessing, not time for God's will to be carried out by Jacob. Jacob was laying claim to God's will and blessing by his own human plans, and he was having to claim it by lies and deception. Jacob was acting self-sufficient, acting in his own arm and strength, ignoring God totally.

November 18 – “Jacob Forms a Relationship with God” (*Genesis 28:10-22*)

⇒ **Central Truth:** Genesis 28:15 (AMP) – “And behold, I am with you and will keep (watch over you with care, take notice of) you wherever you may go, and I will bring you back to this land; for I will not leave you until I have done all of which I have told you.”

◇ God promised of His presence and protection. Note that God gave Jacob the greatest protection imaginable:

- 1) God's presence: “I am with you.”
- 2) God's protective, keeping power: “I will keep, protect, and watch over you wherever you go.”
- 3) God's assurance that He would fulfill His promises and purpose in Jacob's life: “I will not leave you until I have fulfilled my promises and purposes in your life.”

November 25 – “God Blesses Jacob and His Family” (*Genesis 30:22-32, 43*)

⇒ **Central Truth:** Genesis 6:5 (AMP) – “Then God remembered Rachel and answered her pleading and made it possible for her to have children.”

◇ It was God Himself who remembered Rachel and opened her womb. Rachel was now trusting God, not human methods; she was praying and seeking God for a child.

◇ At long last, Rachel conceived and gave birth to a son whom she named Joseph. The mandrakes had nothing to do with this pregnancy; it was God who blessed her in answer to her prayers. God had taken away her reproach of being childless and had added to her blessings.

The Promises of God in Five Translations WITH INTERPRETATION

Psalm 72:12-13 (KJV) – “For He shall deliver the needy when he crieth; the poor also, and him that hath no helper. He shall spare the poor and needy, and shall save the souls of the needy.”

Psalm 72:12-13 (NIV) – “For He will deliver the needy who cry out, the afflicted who have no one to help. He will take pity on the weak and the needy and save the needy from death.”

Psalm 72:12-13 (NLT) – “He will rescue the poor when they cry to Him; He will help the oppressed, who have no one to defend them. He feels pity for the weak and the needy, and He will rescue them.”

Psalm 72:12-13 (MSG) – “Because He rescues the poor at the first sign of need, the destitute who have run out of luck. He opens a place in his heart for the down-and-out, He restores the wretched of the earth.”

Psalm 72:12-13 (AMP) – “For He delivers the needy when he calls out, the poor also and him who has no helper. He will have pity on the poor and weak and needy and will save the lives of the needy.”

The king of Israel was looked upon as God's shepherd who lovingly cared for God's flock (78:70-72; 100:3; Ezek. 34). Any citizen had access to the king to get help in solving legal problems, and the king was to make certain that the local judges were being fair and honest in their decisions. Solomon didn't reach this ideal even though he had a vast bureaucracy, but unfortunately his officers didn't always aid the people (Eccl. 4:1). The picture here is surely that of our Savior who had such great compassion for the needy and met their needs (Matt. 9:36). Not only does He hold their blood (life) precious to Him (v. 14; 116:15), but He shed His own precious blood for the salvation of the world (1 Peter 1:19).

THE FULFILLMENT HOUR MINISTRY'S MONTHLY THREE “E’S” REPORT

EFFECTIVENESS

Banners By Departments:

Attendance:

Children Department – 67 students

Youth Department – 109 students

Young Adult Department – 59 students

Adult Department – 253 students

Joined Church Family – 3 members

Completed New Member's Orientation– 1 member

EFFICIENCY

Class Enrollment, Attendance Percentage:

Children Department – 56%

Youth Department – 73%

Young Adult Department – 61%

Adult Department – 51%

EXCELLENCE

Perfect Attendance:

Children Department – 2 students

Youth Department – 1 students

Young Adult Department – 0 student

Adult Department – 7 students

Offering:

Children Department – \$152.47

Youth Department – \$65.00

Young Adult Department – \$870.00

Adult Department – \$1,193.00

Yearly Offering – \$21,208.68



**Welcome
New Members**

Sis. Coline Glaude

Sis. Audrey Owens

Sis. Alexa Poullard

**COMPLETED THE NEW MEMBER'S
ORIENTATION PROGRAM**

Sis. Coline Glaude

MARRIAGE ENRICHMENT

by

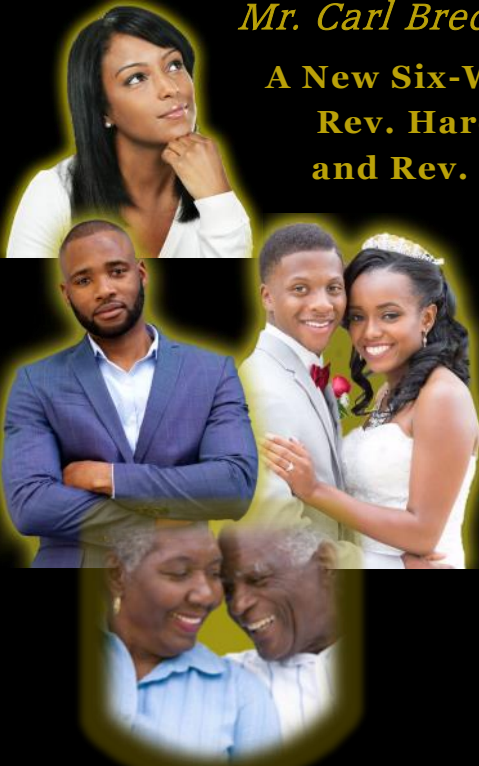
Mr. Carl Brecheen and Mr. Paul Faulkner

Starting 1st
Sunday in
January 2019!

A New Six-Week Training Seminar Presented by

Rev. Harold & Deaconess Leeida Robinson

and Rev. Henry & Deaconess Patsy Carston



This course is designed for married couples, and single men and women who are planning to get married or have a desire to get married in the future. It will teach spiritual truths that will help you:

- Build a loving and lasting marriage relationship.
- Understand the great importance of developing a good communication style within marriage.
- Appreciate the unique contribution that sexual intimacy makes to a healthy relationship.

Open to the public, member or not. Registration begins in November. Forms will be available in the church foyer, main office, and the Christian Education office. Class size is limited to sixteen (16).

Classes will be held in six sessions on Sunday mornings, during the Fulfillment Hour, in the Fellowship Hall. Starting the first Sunday in January.

LIST OF SESSIONS:

1. **Commitment to God's Design** – this first session is to help you understand that God designed marriage.
 - Ephesians 4:17-19
 - Ephesians 5:21-33
 - Ephesians 6:13-17
2. **The Spiritual Foundation** – this session is to help you understand that when you allow yourself to be internally redesigned by God, it makes a significant impact on your relationship.
 - Romans 7:21-25
 - Ephesians 2:1-3; 4:22-24
 - Mark 7:21
 - 2 Corinthians 5:14-17
 - Colossians 3:1-17
 - Galatians 5:16-24
3. **The Christian Husband** - The goal of this session is to present clear biblical principles for guiding and sustaining the husband/wife relationship.
 - Genesis 2:18-25
 - Galatians 3:26-29
 - 1 Peter 3:7
 - Proverbs 31
4. **The Christian Wife** – The goal of this session is to help our understanding that God has created man and woman with distinct characteristics. You will learn practical truths for being a suitable helpmate and loving companion.
 - 1 Corinthians 11:11-12
 - 1 Peter 3:1-6
5. **Christian Communication between Husband and Wife** – the goal of this session is to help you understand the great importance of developing a good communication style within the marriage relationship.
 - Psalm 81:11-16
 - Job 19:2
 - Proverbs 15:28; 18:2, 13, 21; 21:23
 - 1 Peter 3:10
6. **Commitment to Oneness** – this final class is to help you understand and appreciate the unique contribution that sexual intimacy makes to a healthy marriage relationship.
 - Genesis 1:27-28; 2:18, 24

MARRIAGE ENRICHMENT

Continued...

- Hebrews 13:4
- 1 Thessalonians 4:4-5
- 1 Corinthians 7:2-5
- Leviticus 18:6-30

God's divine blueprint for marriage is shaped and designed to be a great gift and a life-changing blessing for a marriage relationship. As you prepare to achieve this life-changing blessing in your marriage, please read and study the Scriptures prior to the session.

THANKSGIVING SERVICE

TUESDAY, NOVEMBER 20TH

7:00PM

NO MID-WEEK SERVICE

WEDNESDAY,

NOVEMBER 21ST



Mount Calvary Baptist Church Youth & Children's Ministry

2018

"NO LIMITS"



Ephesians 3:20-21

Praise Teams, Choirs, Dancers, Food, Fun, Fellowship & Much More

November 17th Starts at 6:00PM

It's Free * Bring a Friend



Your MCBC Social Justice Commission was established to provide educational opportunities and programs about issues, situations, and injustices that threaten the wholeness of our people; our congregation and community. SJC works to develop a deeper understanding of and response to God's call to let justice flow like a river in both our personal and communal lives; where basic needs are met, people flourish, and peace reigns. Keeping in accordance with our goals to keep you informed of the issues that affect you and hopefully inspire you to get involved to make our communities and country bastions of justice and equal opportunity for all, we offer these following announcements.

2018 Mid-Term Elections

Please remember to check your Voting Status



OPEN PRIMARY/CONGRESSIONAL ELECTION **TUESDAY, NOVEMBER 6, 2018 (6am - 8pm)**

LAST DAY TO REGISTER TO VOTE:

- In person or by mail: Tues., Oct. 9, 2018
- Online via Geaux Vote: Tues., Oct. 16, 2018

EARLY VOTING:

Tues., Oct. 23 to Tues., Oct 30, 2018
8:30am - 6:00pm (except Sunday & Holidays)

LAST DAY TO REQUEST ABSENTEE BALLET BY MAIL:

Friday, Nov. 2, 2018 by 4:30pm

OPEN GENERAL/CONGRESSIONAL ELECTION **SATURDAY, DECEMBER 8, 2018 (6am - 8pm)**

LAST DAY TO REGISTER TO VOTE:

- In person or by mail: Wed., Nov. 7, 2018
- Online via Geaux Vote: Sat., Nov. 17, 2018

EARLY VOTING:

Sat., Nov. 24 to Sat., Dec. 1, 2018
8:30am - 6:00pm (except Sunday & Holidays)

LAST DAY TO REQUEST ABSENTEE BALLET BY MAIL:

Saturday, Nov. 17, 2018 by 4:30pm

There may be other issues and races on your ballot. We urge you to educate yourself on them before going to the poles. Good independent sources are PARLOUISIANA.ORG and www.sos.la.gov. NOT REGISTERED? SJC can help with registration applications. You can also use the GeauxVote! app.



2018 Veterans' Recognition **Sunday, November 11, 2018**

We are honoring veterans who lost their lives during service, served then returned home, and those who are presently serving.

We will honor and recognize veteran members of Mount Calvary and veterans who have family as members of Mount Calvary.

We thank all who participated by submitting requested information for this year's recognitions and once again, we thank you all for your service.

Honored veterans or family of honored veterans are also asked to invite friends and family to the service. Reserved seating will be available.

*Sponsored by the
Social Justice Commission*

What's New for the 2018-2019 Flu Season?

FIGHT FLU



For the 2018-2019 flu season:

- Flu vaccines have been updated to better match circulating viruses [the B/Victoria component was changed and the influenza A(H3N2) component was updated].
- The nasal spray flu vaccine (live attenuated influenza vaccine or "LAIV") is again a recommended option for influenza vaccination for people for whom it is otherwise appropriate.

What flu vaccines are recommended this season?

For the 2018-2019 flu season flu vaccine, providers may choose to administer any licensed, age-appropriate flu vaccine including inactivated influenza vaccine or "IIV," recombinant influenza vaccine or "RIV4," or the nasal spray vaccine (live attenuated influenza vaccine or "LAIV").

Options this season include:

- Standard dose flu shots. Most are given into the muscle, usually with a needle, but two can be given to some people with a jet injector. (***Note** that no intradermal flu vaccine will be available during 2018-2019).
- A high-dose shot for people 65 and older.
- A shot made with adjuvant for people 65 and older.
- A shot made with virus grown in cell culture.
- A shot made using a vaccine production technology (recombinant vaccine) that does not require the use of flu virus or eggs.
- Live attenuated influenza vaccine (LAIV) – or the nasal spray vaccine – is also an option for use in otherwise healthy persons 2 through 49 years of age who are not pregnant. (Note that there is a precaution against the use of LAIV for people with certain underlying medical conditions.)



Getting an annual flu vaccine is the first and best available way to protect yourself and your family from flu and its potentially serious complications. Flu vaccination can reduce flu illnesses, doctors' visits, and missed work and school due to flu, as well as prevent flu-related hospitalizations. Flu vaccine also has been shown to significantly reduce a child's risk of dying from influenza. The more people who get vaccinated, the more people will be protected from flu, including older people, young children, pregnant women and people with certain long-term health problems who are more vulnerable to serious flu illness.

For more information, visit:
www.cdc.gov/flu or www.flu.gov
or call **1-800-CDC-INFO**



**U.S. Department of
Health and Human Services**
Centers for Disease
Control and Prevention

Submitted by Sis. Emily Ashworth, RN, BSN

What viruses do 2018-2019 flu vaccines protect against?

There are many flu viruses and they are constantly changing. The composition of U.S. flu vaccines is reviewed annually and updated to match circulating flu viruses. Flu vaccines protect against the three or four viruses that research suggests will be most common. For 2018-2019, three-component vaccines are recommended to contain:

- A/Michigan/45/2015 (H1N1)pdm09-like virus
- A/Singapore/INFIMH-16-0019/2016 A(H3N2)-like virus (updated)
- B/Colorado/06/2017-like (Victoria lineage) virus (updated)

Four component vaccines are recommended to include the same three viruses above, plus an additional B virus called B/Phuket/3073/2013-like virus (B/Yamagata lineage).

When and how often should I get vaccinated?

You should get a flu vaccine before flu begins spreading in your community. It takes about two weeks after vaccination for antibodies that protect against flu to develop in the body, so make plans to get vaccinated early in fall, before flu season begins. CDC recommends that people get a flu vaccine by the end of October. Getting vaccinated later, however, can still be beneficial and vaccination should continue to be offered throughout flu season, even into January or later.

Children who need [two doses](#) of vaccine to be protected should start the vaccination process sooner, because the two doses must be given at least four weeks apart.

Can I get a flu vaccine if I am allergic to eggs?

The recommendations for people with egg allergies are the same as the 2017-2018 season.

- People who have experienced only hives after exposure to egg can get any licensed flu vaccine that is otherwise appropriate for their age and health.
- People who have symptoms other than hives after exposure to eggs, such as angioedema, respiratory distress, lightheadedness, or recurrent emesis; or who have needed epinephrine or another emergency medical intervention, also can get any licensed flu vaccine that is otherwise appropriate for their age and health, but the vaccine should be given in a medical setting and be supervised by a health care provider who is able to recognize and manage severe allergic conditions. (Settings include hospitals, clinics, health departments, and physician offices). People with egg allergies no longer have to wait 30 minutes after receiving their vaccine.

For more information, visit:
www.cdc.gov/flu or www.flu.gov
or call **1-800-CDC-INFO**



**U.S. Department of
Health and Human Services**
Centers for Disease
Control and Prevention

Children's Corner

Thanksgiving Word Search

Find 20 hidden words related to Thanksgiving. Words in this puzzle maybe found from top to bottom, bottom to top, left to right and right to left.



1. autumn
2. blessings
3. celebrate
4. cider
5. corn

6. cranberry
7. dressing
8. family
9. feast
10. friends

11. gravy
12. harvest
13. holiday
14. pie
15. potatoes

16. pumpkin
17. squash
18. thanksgiving
19. turkey
20. yams



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Fall 2018

1st and 3rd Thursday

5:00 - 6:00 p.m.

September, October and November sessions will be held at
 Cpl Donald Ray Stevens Center
 (formerly Goosport)
 1619 Cessford St.
 337-491-1287



SEP

Su	Mo	Tu	We	Th	Fr	Sa
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

Creating a Winning Resume

OCT

Su	Mo	Tu	We	Th	Fr	Sa
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Creating Your Scholarship Portfolio

Successful Interviewing Techniques

NOV

Su	Mo	Tu	We	Th	Fr	Sa
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Social Media Etiquette, Soft Skills and Office Culture

ACT Prep English

DEC

Su	Mo	Tu	We	Th	Fr	Sa
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

How Studying Abroad Can Lead to Success

Become a Better Writer in Five Easy Steps

December Sessions will be held at
 Ward 3 Huber Park Community Center
 2401 4th Ave
 337-990-0112

The City of Los Angeles is proud to offer this program to all residents. The City of Los Angeles is an equal opportunity employer and does not discriminate on the basis of race, ethnicity, gender, age, and disability. Any person who believes they have been discriminated against on the basis of race, ethnicity, gender, age, and disability should contact the City of Los Angeles Department of Human Resources at (213) 481-1000. The City of Los Angeles is an equal opportunity employer and does not discriminate on the basis of race, ethnicity, gender, age, and disability.

UPCOMING EVENTS



FULFILLMENT HOUR BIRTHDAYS	
NOVEMBER	
SIS. EARNESTINE WESLEY	2
DEACONESS BEVERLY HENRY	3
SIS. DEBORAH BATTLE	3
SIS. LYNDA CORMIER	3
SIS. LEOLA LANDIS	5
ALLONAH ASHWORTH	5
BRO. HERMAN ROSS	5
SIS. BARBARA KING	10
SIS. BRENDA WALLACE	10
AYDEN GRIFFIN	11
BRAYLON TURPEAU	12
DEACONESS CATHEREN ETIENNE	16
SIS. JENNIFER PETE	18
SIS. LULA WILLIAMS	20
SIS. THERESA DEBRA BROWN	20
SIS. ARETHA BROWN	20
SIS. LOUISE STELLA FONDEL	21
TYLER LAWSON	22
SIS. GAYNELL ANDERSON	27

HAVE YOU HEARD OF THE LA DIGITAL DRIVER'S LICENSE?



Louisiana's Digital Driver's License LA Wallet is 100% Legal!

- 100% Legal for driving purposes per Louisiana law of Act 625 of the 2016 season.
- Louisiana State Police will accept the LA Wallet Digital Driver's License!
- The LA Wallet App is made for Apple iOS and Android.
- Activate it for the cost of 1 premium coffee for the life of your current physical license registration. (\$5.99)
- The LA Wallet service has the same renewal date as your driver's license.



I authored the bill to digitize our Louisiana driver's licenses in an effort to provide an easier option for our citizens while at the same time complying with our enacted laws to provide proper identification to our public safety officials.

— Rep. Ted James, Baton Rouge

The Sunday School Fulfillment Hour Newsletter is a monthly newsletter. Submissions are due **by the third Sunday** of each month, either by email or dropping in Bro. Harmon's church office mailbox.

Make submissions to:

sundayschoolfulfillment@gmail.com

Bro. Oscar Harmon, Superintendent
Sis. Chantal Landry-Iles, Designer/Co-Editor
Sis. Theresa Garret, Co-Editor
Sis. Marlene Marks, Reporter/Photographer
Allonah Ashworth, Youth Reporter
Sis. Anna Harmon, Photographer

STYLN' "N" GRACE

Owner:

Elmira Williams

- Weaves • Colors • Relaxers • Cornrows
- Box Braids • Haircuts

2014 First St.
Lake Charles, LA

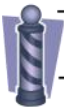
656-2856

Creative Artworks by
JEN

JENNIFER WHITE

337-478-1976 * 337-515-9345

EMBROIDERY / MONOGRAMMING
VINYL APPLICATION, ETC.



His & Hers Hair Duplex

Terry Jerome Welcome
Barber/Stylist

1715 Opelousas St,
Lake Charles, LA 70601
(cell) 337-707-4775

Wednesday – Saturday
9:00am – 5:30pm
Walk-In's Welcome

Terry Welcome
Photography
337-707-4775



BAIL BONDS

MICHAEL SMITH
337-491-6999

Chrystal
Adams
Realtor



Cell: 337-707-2742
Office: 337-478-1578

c21chrystaladams@gmail.com

Bundle of Joy Pecan Candy



By:
Delores Joseph

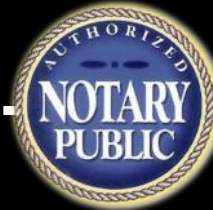
499-0700 or 439-5345



Extreme
Cleaning

By:
Janice Aaron

337-936-0221



PRINCILLA RYAN
337-436-3943

Keith Berard
337-707-5992

CHANTAL LANDRY-ILES
337-842-4071

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SERVICES



WILBERT "WILL" ILES
337-764-3726

Where there's a "WILL" There's a Way!!!

For All you Special Events



Faces Of Fantasy
PHOTOGRAPHY

337-532-4992



Santanna Pitre Mitchell

DO BUSINESS WITH OUR MEMBERS